
WEDELIA CALENDULA – PITA BHRIGARAJ



Pita Bhringaraj (*Wedelia calendula* or *Sphagneticola calendulace*) is a plant native to India, where it is used as an effective hepatic herbal plant. Though since latest western research it had been proven Pita Bhringaraj to be a **strong protective agent for liver**, more than the one found in the Silybin from the Milk thistle. Thanks to the main active ingredients, the so-called **Wendelolactone**, Pita Bhringaraj is used to treat jaundice, hepatitis, low blood pressure and diabetes. The Wendelolactone in one hand brings a liver protective action, and on the other it also has antibiotic properties. That's why it is seen as a general tonic and elixir of life. The whole herb and especially the fresh juice is considered excellent bile agent. The plant does not require any special care, it's strong and easy to grow. Lately scientists discovered also anti-cancerous properties in the plant.

PRODUCTION

Since 2001 *Wedelia calendula* (Pita Bhringaraj), as well as other herbs, has been successfully cultivated at the "Land of the Medicine Buddha", OneWorld's own herbal farm. The noble **Pita Bhringaraj leaf** has been cultivated using bio-dynamic farming methods, and so, after inspection and certification from IMO Switzerland and Demeter International, they can now carry the **Organic and Demeter logos**.

Carefully handpicked, and gently dried in the shade, the leaves and fruit retains all of its healing properties. The herbs are then selected and added to noble tea mixtures by **OneWorldalc Nepal**. OneWorldalc is a German - Nepali cooperation for **bio-dynamic agriculture** that upholds **Fair Trade** standards in all its undertakings and is a member of the International Federation of Organic Agriculture Movements (**IFOAM**). We are happy to be able to offer you Amla leaves of the highest quality as a true **LOHAS product**.

The raw leaves can also be purchased unmixed on request.